



Siúlóidí Lúibe Pháirc Jenkinstown Jenkinstown Park Loop Walks

Ainm:	Siúlód Lúb Jenkinstown	Siúlód Lúb An Gáirdín Múrtha	An Rós Deireanach de Shiúlód Lúb an tSamhraidh
Tús na conaire:	Carrchlós	Carrchlós	Carrchlós
Seirbhísí:	Cill Chainnigh (10km), Caisleán an Chomair (10km)		
Fad na Conaire:	4 Km	2 Km	1 Km
Am:	1 uair to 1 uair 30 nóim	1 uair	30 nóim
High Ascent:	30m	15m	10m
Deacrahta:	Éasca	Éasca	Éasca
Tír-raon:	Rian coille cosán gairbhéil	Rian coille cosán gairbhéil	Cosán tarra agus slíseanna
To suit:	Gach leibéal acláiochta	Gach leibéal acláiochta	Gach leibéal acláiochta Rian inrochtaineachta
Feisteas is lú: a theastaíonn	Bróga trekking, fearas báistí, fón póca agus leacht.		
Tag. Eang.:	OS Sheet 60		
Madrai:	Is gá madrái a choimeád ar éill; glan suas i ndiaidh do mhadra, le do thoil. Ná caitear málá de chac madra ar an talamh.		

Siúlód Lúibe Rós Deiridh an tSamhraidh (Siúlód Lúibe Conaire Inrochtaineachta) – 1km / 30 nóim

Ag tosú ó chlár léarsáil an chosáin sa charrchlós, téig amach as an gcarchlós ag an seanfhoirgneamh agus cas ar chlé go dtí an cosán inrochtaineachta, seolann tú thar na leithris agus cois an ghairdín le balláil. Lean na saigheada Búi go dtí acomhal T, áit a chasann tú ar chlé.

Tar éis 100m, coinnigh ar chlé, ag an gcéad acomhal eile agus ardaonn an cosán go han-réidh tríd na coillte. Tar éis timpeall 500m sroicheann tú acomhal. Cas ar Chlé agus lean an cosán caol síos cnoc, go dtí go bhfillidh tú trí na geataí dubha chuit ceann an chosáin sa charrchlós.

Siúlód Lúb an Ghairdín Múrtha – 2km / 1 uair

Ag tosú ó chlár léarsáil an chosáin sa charrchlós, fág amach as an gcarchlós ag an seanfhoirgneamh agus cas ar chlé, agus cas ar chlé ar aghaidh go dtí an cosán, seolann tú thar na leithris agus feadh an ghairdín le balláil. Lean na saigheada Glasá go dtí acomhal T, áit a chasann tú ar chlé.

Anois tosaíonn an cosán ag dul suas go réidh, coinnigh ar dheis ag an gcéad acomhal eile agus téann an cosán thar láthair St Colmáin go maith. Tar éis timpeall 300m sroicheann tú acomhal trí bhealach. Cas ar Chlé agus lean an cosán go dtí suaitheantas an chnoic. Lean ort ag leanúint na saigheada Glasá feadh an chosán gairbhéil, agus tú ag siúl trí chroílár na collinearai. Tar éis 1 km ar feadh an lúb, téann tú isteach i siúlód lúb na Rós, cas ar dheis agus lean an cosán caol síos cnoc, go dtí go bhfileann tú ar cheann an chosáin sa charrchlós.

Siúlód Lúb Bhaile Sheinic – 4km / 1 uair go 1 uair 30 nóim

Ag tosú ó chlár léarsáil an chosáin sa charrchlós, fág amach as an gcarchlós ag an seanfhoirgneamh agus cas ar chlé, ar aghaidh go dtí an cosán, seolann tú thar na leithris agus cois an ghairdín le balláil. Lean na saigheada Corca go dtí acomhal T, áit a chasann tú ar chlé.

Anois tosaíonn an cosán ag dul suas go réidh, coinnigh ar dheis ag an gcéad acomhal eile agus téann an cosán thar láthair Naomh Colmán go maith. Tar éis timpeall 300m sroicheann tú acomhal trí bhealach, féach ar dheis agus lean an cosán go dtí suaitheantas an chnoic. Lean ort ag leanúint na saigheada corca feadh an chosán gairbhéil. Tabhair faoi deara an balla teorann ard cloiche ar thaobh do láimhe deise, a bhí tráth mar bhalla teorann an Eastáit. Tar éis 1.5km scubann an lúb timpeall ar chlé agus tú ar an bpíosa baile, bain sult as an gcuid dheireanach den siúlód lúb, trí meascán de chrainn leathdhuilleacha go dtí go bhfileann tú ar cheann an chosáin sa charrchlós.

Sonraí Teagmhála Seirbhísí Éigeandála – glaoigh ar 999 nó 112



Name:	The Jenkinstown Loop Walk	The Walled Garden Loop Walk	The Last Rose of Summer Loop Walk
Trailhead:	Carpark	Carpark	Carpark
Services:	Kilkenny (10km), Castlecomer (10km)		
Trail Length:	4 Km	2 Km	1 Km
Duration:	1 hour to 1 hr 30 mins	1 hour	30 mins
High Ascent:	30m	15m	10m
Difficulty:	Easy	Easy	Easy
Terrain:	Woodland trail gravel path	Woodland trail gravel path	Tar and chip path
To suit:	All levels of fitness	All levels of fitness	All levels of fitness Accessibility trail
Minimum Gear:	Trekking shoes, rain gear, mobile phone and fluid.		
Grid Ref:	OS Sheet 60		
Dogs:	Dogs must be kept on leads, please clean up after your dog. No littering of dog poo bags.		

The Last Rose of Summer Loop Walk (Accessibility Trail Loop Walk) – 1km / 30 mins

Starting from the trailhead map board in the carpark, exit the carpark at the old building and turn left on to the accessibility path. This leads you past the toilets and along by the walled garden. Follow the Yellow arrows to a T junction, where you turn left.

After 100m, keep left, at the next junction where the path rises very gently through the woods. After approximately 500m you reach a junction. Turn left and follow the gentle downhill path, until you return through the black gates to the trailhead in the carpark.

The Walled Garden Loop Walk – 2km / 1 hr

Starting from the trailhead map board in the carpark, exit the carpark at the old building and turn left, turn left again on to the path. This leads you past the toilets and along by the walled garden. Follow the Green arrows to a T junction, where you turn left.

As the path begins to ascend gently, keep right at the next junction and the path passes the location of St Colmans Well. After approximately 300m you reach a three way junction. Turn left and follow the path to the crest of the hill. Continue to follow the Green arrows along the gravel path, as you walk through the heart of the woodlands. After 1 km along the loop, you join the Rose Loop Walk. Turn right and follow the gentle downhill path, until you return to the trailhead in the carpark.

The Jenkinstown Loop Walk – 4km / 1 hr to 1 hr 30 mins

Starting from the trailhead map board in the carpark, exit the carpark at the old building and turn left on to the path. This leads you past the toilets and along by the walled garden. Follow the Purple arrows to a T junction, where you turn left.

As the path begins to ascend gently, keep right at the next junction and the path passes the location of St Colmans Well. After approximately 300m you reach a three-way junction, veer right and follow the path to the crest of the hill. Continue to follow the Purple arrows along the gravel path. Take notice of the high stone boundary wall on your right hand side, which was once the boundary wall of the Estate. After 1.5km the loop sweeps around to the left and you're on the home stretch. Enjoy the last section of the loop walk, through a mix of broadleaf trees until you return to the trailhead in the carpark.

Contact Details Emergency Services - dial 999 or 112



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Comhairle Chontae Chill Chainnigh
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