

PRESS RELEASE

Blaze a trail with Trail Kilkenny, and take a walking, cycling, food or craft trail that will give you insight, inspiration and experience!

Trail Kilkenny has a fantastic range of easily accessible, high quality walking, cycling, food and craft trails for visitors to County Kilkenny – the most rewarding way to spend time in the black and amber county.

There are Trail Kilkenny trails full of taste and flavour, full of sights, sounds and textures, full of history, culture and beauty, to be experienced on two wheels, in a car, or on your own two feet, and to be experienced most importantly through the passion and commitment of local producers, residents and craftspeople, who help to make an adventure of every day spent in Kilkenny county.

Let a Trail Kilkenny trail tempt you with Ireland's finest artisan food producers, where the TASTE of Kilkenny Food Trail lures you to try the handiwork of everyone from expert chocolatiers to legendary cheesemakers. Making the mouth water and getting tastebuds tingling for everything from cute cafés, to carefully cared for chicken, to the country's very first caviar, TASTE of Kilkenny Food Trail was created by the natural ambassadors for the rich and varied food culture of this luscious, verdant county.

Take a Trail Kilkenny trail on two wheels and cycle through some of the most historic and culturally significant towns of the county, along quiet country roads and laneways, visiting medieval monasteries, Anglo-Norman castles, Cistercian churches, 18th century bridges, all through the superbly scenic and heart-lifting surroundings of this gorgeous countryside. Biking through history while being fully present in the moment – pure Trail Kilkenny.

Make time for a Trail Kilkenny trail that showcases the crafts for which the county is justly famous, where MADE in Kilkenny Craft Trail leads you to potter around potters' studios and admire gems of jewellers, witness dexterous willow working, gasp at glass blown by mouth, and understand that each unique, handmade piece has a story to tell. A marvellous mix of modern techniques that by their nature preserve and develop age-old methods, MADE in Kilkenny Craft Trail gives an unparalleled insight into the creative mind, as well as the opportunity to support individual and authentic craftspeople in this, the creative hub of the country.

In Kilkenny there are Trail Kilkenny trails that allow you to enjoy some of the finest walks around, scenic, challenging, historic, adventurous, along the riverbank through the Nore Valley, along woodland paths, strolling leafy lanes or tackling exhilarating hill climbs. Described as 'delightful' by the Irish Times and 'delectable' by the Irish Independent, and designed to suit many levels of enthusiasm and fitness, all Trail Kilkenny walking trails provide a relaxed and in-depth approach to a county that certainly repays close attention.

Nowadays in Kilkenny, the cats may laugh here (and they have done, to international recognition, for almost 20 years), and the county may be the proud winners of 33 all-Irelands in hurling to date, but maybe the most important number is made up of the many happy visitors who experience the insightful and inspirational Trail Kilkenny walking, cycling, food and craft trails.

www.trailkilkenny.ie

To find and navigate Trail Kilkenny food, walking, cycling and craft trails, view the full range of trails on www.trailkilkenny.ie where you can also download trail maps, download the free App by searching for Trail Kilkenny in the App Store, follow Trail Kilkenny on Twitter on @trailkilkenny or on Facebook at www.facebook.com/TrailKilkenny or pick up one of the free maps and brochures available in many tourism and hospitality outlets around the county.

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